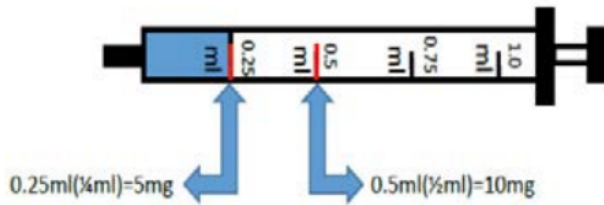


# Comfort Kit Instructions

The ComfortPak™ is a box of commonly used medicines to manage urgent symptoms. Each medicine is to be taken separately according to the directions on the prescription label and those provided by the nurse or prescriber. This ComfortPak was made for the patient receiving it and may or may not contain all of the medicines listed below.

**IMPORTANT:** Before using any of the kit medications, call hospice.



A one-millimeter syringe

SYMPTOM	Drug	When it is indicated	How should I give this medication?	What Side Effects Should I look for?
<b>Constipation</b>	Bisacodyl (Dulcolax®) Suppositories	To treat constipation by stimulating bowel movements. Bowel movements are generally produced within 15 minutes to 1 hour of use.	This medicine is a suppository that is for rectal use only. Remove the foil wrapping and insert the suppository well into the rectum, pointed end first. Retain for at least 15-20 minutes.	Muscle weakness, severe nausea/vomiting
<b>Pain or Shortness of Breath</b>	Morphine Sulfate (Roxanol®) Concentrate Oral Solution 10mg/ml	Use for pain or shortness of breath, as Directed by the	This medicine is a concentrated solution. Measure liquid carefully	Severe sedation, muscle twitching, confusion,

		Hospice Physician. The effects of morphine sulfate solution usually last for 2 to 4 hours.	with a dropper or oral syringe. This medicine may be swallowed. If swallowing is too difficult, this medicine may also be placed under the tongue	hallucinations, personality changes, trouble breathing, signs of allergy (rash, hives), or tremors.
<b>Agitation, anxiety, nausea, or vomiting</b>	Haloperidol (Haldol®) Liquid	To treat agitation, nausea, and vomiting. It may be used to treat other conditions as determined by the prescriber.	Measure liquid carefully with a dropper or oral syringe. This medicine may be swallowed. If swallowing is too difficult, this medicine may also be placed under the tongue.	Unusual weakness, difficulty urinating, abdominal pain, rash, palpitations or rapid heartbeat, painful erection, changes in behavior or confusion, jaundice, unusual tremors or movements of the hands or feet, continued feelings of restlessness or inability to sit still
<b>Decrease Secretions or gurgling</b>	Hyoscyamine (Levsin®) SL Tablets	To decrease secretions and saliva production	This medicine is best used when placed under the tongue to manage various symptoms	Unusual weakness, vomiting, difficulty urinating, abdominal pain, rash, palpitations or rapid heartbeat, or changes in behavior such as unusual excitement or confusion
<b>Anxiety or restlessness</b>	Lorazepam (Ativan®) Tablets	To reduce anxiety, nausea, vomiting, and difficulty falling asleep.	Tablets should be taken by mouth with a full glass of water	extreme sedation, confusion, unsteadiness, problems walking, memory problems, agitation, anger, or changes in behavior.

<p><b>Mild Pain or Fever</b></p>	<p>Acetaminophen (Acephen™) Suppositories</p>	<p>Used for mild to moderate pain and to reduce fever.</p>	<p>This medicine is a suppository that is for rectal use only. Remove the foil wrapping and insert the suppository well into the rectum, pointed end first.</p>	<p>Skin rash or hives, fever or sore throat, difficulty breathing, wheezing, nausea, vomiting, bloody or black, tarry stools, stomach cramps and pain, difficulty urinating</p>
<p><b>Nausea or Vomiting</b></p>	<p>Prochlorperazine (Compazine®) Tablets</p>	<p>Used for Nausea or Vomiting</p>	<p>Tablets should be taken by mouth with a full glass of water</p>	<p>Confusion, vision problems, slurred speech, unusual/excessive tiredness, muscle stiffness, lip smacking, problems with urination or coordination, unusual tremors or movements of the hands or feet, continued feelings of restlessness or inability to sit still.</p>
<p><b>Swelling (Cardiac Patients Only) Hospice Staff only Administers.</b></p>	<p>Furosemide 10mg/ml solution for injection</p>	<p>Used for Swelling in the lower extremities, typically for cardiac patients.</p>	<p>Inject intravenously or intramuscularly as directed as needed for edema. Do not exceed rate of 10 mg/min if given intravenously and dose is &lt; 120 mg.</p>	<p>Chest pain, chills, cough or hoarseness, fever, a general feeling of tiredness or weakness, headache or lower back or side pain</p>

